

## **Workshop: Climate Change**

At the European Regional Meeting in Wroclaw 2018, Laurie Laybourn-Langton (Alliance on Climate Change, GB) and Dr. Klaus Renolder (IPPNW Austria) gave lectures on climate change and the energy shift.

This session included a short video presentation of Dr. Renolder's upcoming film "The Triple Benefit Principle – How can we live in a sustainable way?". The film explores the cause of anthropogenic climate change and highlights CO2 emissions in a global context. It also deals with the carbon emission footprints per person and demonstrates different solution strategies to reduce them. It further shows how, in particular through the means of educational programmes in schools, awareness for sustainability can be raised among the young generation.

Following the session, Dr. Renolder moderated a workshop discussion on climate change. This offered the opportunity for participants to go further into detail on different issues and discuss them.

"How can each of us reduce their carbon footprint in their daily life?", one attendee asked.

The final consensus was: By looking at our consumption, travelling in more eco-friendly ways and investing in projects that support the climate.

Dr. Renolder himself successfully managed to shift from travelling by car to bicycle, including visiting his patients, thus dramatically reducing his carbon footprint. Travelling by bicycle instead of using a car does not only have the benefit of immensely reducing CO2 emissions, but also benefits each person's individual health and saves them money.

"The Triple Benefit Principle" will premiere on the 20<sup>th</sup> of November 2018 in Vienna. Make sure to check it out – it's definitely worth watching!

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